



Acupuncture Mastery

Table Of Contents

[Introduction](#)

[Chapter - 1: Acupuncture – An Overview](#)

[Chapter - 2: Acupuncture Treatment for Diminishing Neck, Shoulder And Back Pain](#)

[Chapter - 3: Acupuncture Treatment for Anxiety and Depression](#)

[Chapter - 4: Treating Sleep Issues With Acupuncture](#)

[Chapter - 5: Healing Arthritis With Acupuncture](#)

[Chapter - 6: Acupuncture for Addiction Treatment](#)

[Chapter - 7: Pain From Muscle Injuries Can Be Treated With Acupuncture](#)

[Chapter - 8: Acupuncture For Weight Loss and Controlling Obesity](#)

[Chapter - 9: Using Acupuncture for Chronic Fatigue Syndrome And Fibromyalgia Treatment](#)

[Chapter - 10: How to Find a Reputable Practitioner for Yourself](#)

[Conclusion](#)

Introduction

The classic Chinese explanation of acupuncture is that channels of energy run in even patterns through the body and across its surface. These energy channels, named meridians, are like rivers flowing through the body to irrigate and nutrify the tissues. A blockage in the movement of these energy rivers is like a dyke that backs up in others.

The meridians may be molded by needling the acupuncture points; the acupuncture needles release the blockages at the dams, and restore the regular flow through the meridians. Acupuncture treatments may therefore help the body's internal organs to rectify instabilities in their digestion, absorption, and energy production actions, and in the circulation of their power through the meridians.



Learn About The Amazing Art Of Acupuncture

Learn About The Healing Power Of Acupuncture

Chapter - 1:

Acupuncture – An Overview

Synopsis

Think acupuncture, think needles. Primarily this is the way most people view the art of acupuncture. These needles are inserted into the skin but not too deeply; it would seem, at various locations to relieve pain or to correct a negative problem in a particular body part.

The Beginning

It is not surprising to note that this art form originated from ancient china. The early Chinese physicians discovered the energy network just below the surface of the skin which communicated and connects the exterior surroundings to the internal organs and the various individual body systems in over a thousand acupoints. These acupoints are found in specific strategic places all over the body.

By addressing the imbalances in the body system through these various acupoints the practitioner is able to restore harmony or address any negative occurrences.

The basic idea behind acupuncture is to correct the balance and restore it to an optimum positive functioning level. By correcting the balance, one corrects the problem.

Acupuncture Mastery

You have just read the first pages of this ebook.

The full product includes the complete PDF, the editable source file, cover graphics and a private label rights licence. Edit it, put your name on it and sell it as your own.

Get it for £1.64

<https://plrshop.shop/health/11-acupuncture-mastery.html>