

Disorders of the Brain

A Guide to Mental Illnesses

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Introduction

Mental illness has been recognized in people dating back to days of Ancient Greece and Rome. A number of disturbances that were described included feelings of melancholy, hysteria and phobias. The concept that mental illness must be related to biology was first considered by Hippocrates. While at this time serious conditions such as schizophrenia were not yet recognized, the thought that these conditions were related to the brain was there.

As time passed, several psychiatric theories developed and even crude treatments were developed to treat individuals. Many of these treatments and theories for mental illness were developed by Islamic medicine in the Middle East. One of the most notable doctors of the 8th Century who was noted for his theories and treatments was the physician Rhazes of the Baghdad Hospital.

At the start of the 20th Century, there were only about a dozen officially recognized conditions, but by 1952 nearly 192 conditions were known and today the *Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition* (DSM-IV) lists 374.

This eBook is designed to provide you with a guide to various mental illnesses and to assist you in understanding the various diagnosis and mental health problems that are common today. You will also find many remedies to assist you in supporting individuals who suffer from these conditions.

Disclaimer: This information provided here is not presented by a medical practitioner and is for educational and informational purposes only. The content is not intended to be a substitute for professional medical advice, diagnosis or treatment. Always seek the advice of your physician or other qualified health care provider with any questions you may have regarding a medical condition. Never disregard medical advice or delay in seeking medical assistance because of something you have read.

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