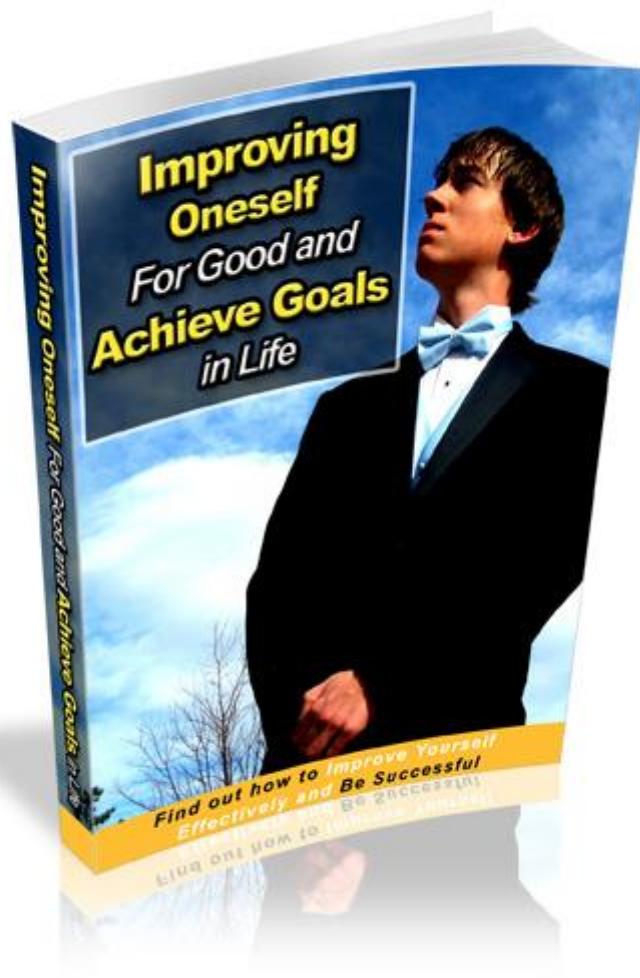




Improving Oneself For Good and Achieve Goals in Life

By Halille Azami

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Chapter I: Helping Ones Self for Self Improvement

Don't Settle for Mediocrity

True success in life can only come by not settling for mediocrity, we should always strive to achieve and get the most out of life that we possibly can, it is only when we push ourselves and give it all we've got can we then give ourselves a pat on the back for a job well done. Success in life depends on self-discipline and not giving in at the first hurdle you come across or going into a project only half heartedly, by pushing yourself that little bit further you will be surprised at what you are capable of achieving, this is what separates the winners from the losers or the successful from the unsuccessful.

All people say that they want to succeed in life at whatever they do but very few are willing to actually push themselves them little bit further in order to achieve their goals, and this is why some of us succeed in life and others fail. How well you succeed is all about how bad you want the success, what it means to you, are you willing to succeed a little or are you willing to go the whole way and beyond to achieve a higher status and be outstanding?

We all start out with the best of intentions when racing towards the goals we have set, we shoot out of the starting gate and run down the straight but many of us fall back at the first hurdle, we don't push, we run out of steam when the going gets tough and don't pause to catch our second wind but come to a halt and give up, or stumble on half heartedly and cross the line in second or third place at best.

Those who do have the winning streak in them, who know that with a little extra push and a pause to catch their breath and then a final sprint down the home straight and past the winning post a head in front of their competitors are the ones that end up with the glory and true success in life.

Of course all those who are successful don't just rely on pushing themselves, all winners have a strategy and are willing to be flexible on their way to success because life has a way of throwing many different spanners into the works along the way. We have to be able to adapt to these unexpected happenings when they occur and not get bogged down, we have to take them in our stride, skip around them and continue in the race.

Never settle for anything less than giving it you're all

Here are some tips to help you remember never to settle for anything but your best no matter what the project is

- It doesn't matter how big or small the project put your all into getting it completed
- If you think you have given it your best shot, pause and ask yourself "could I improve"

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