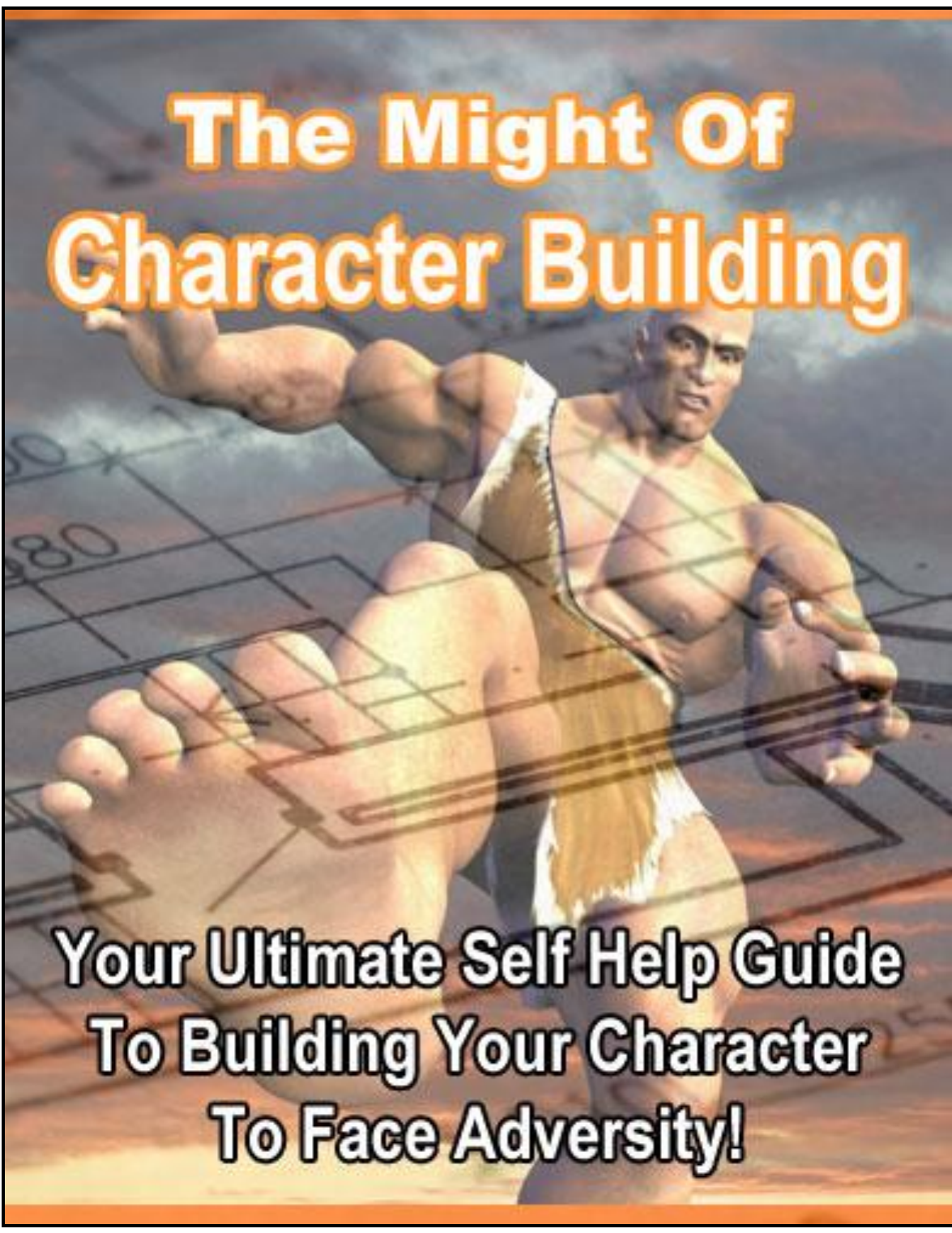


The Might Of Character Building

The background of the entire image is a composite. It features the character Hulk from the Marvel universe, depicted in his iconic green, muscular form. He is wearing a white business suit with a yellow tie. He is standing on a large, detailed architectural blueprint that covers the ground. The blueprint has various lines, grids, and numbers, including '80' and '100'. The sky in the background is a mix of blue and orange, suggesting a sunset or sunrise. The overall composition is designed to be eye-catching and to convey a message of strength and professional success.

**Your Ultimate Self Help Guide
To Building Your Character
To Face Adversity!**

The Might of Character Building

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The Might of Character Building

UNCONSCIOUSLY we are forming habits every moment of our lives. Some are habits of a desirable nature; some are those of a most undesirable nature. Some, though not so bad in themselves, are exceedingly bad in their cumulative effects, and cause us at times much loss, much pain and anguish, while their opposites would, on the contrary, bring as much peace and joy, as well as a continually increasing power.

Have we it within our power to determine at all times what types of habits shall take form in our lives? In other words, is habit-forming, character building, a matter of mere chance, or have we it within our own control? We have, entirely and absolutely. "*I will be what I will to be,*" can be said and should be said by every human soul.

After this has been bravely and determinedly said, and not only said, but fully inwardly realized, something yet remains. Something remains to be said regarding the great law underlying habit-forming, character building; for there is a simple, natural, and thoroughly scientific method that all should know.

A method whereby old, undesirable, earth-binding habits can be broken, and new, desirable, heaven lifting habits can be acquired, a method whereby life in part or in its totality can be changed, provided one is sufficiently in earnest to know and, knowing it, to apply the law.

Thought is the force underlying all. And what do we mean by this? Simply this: Your every act - every conscious act - is preceded by a thought. Your dominating thoughts determine your dominating actions. In the realm of our own minds we have absolute control, or we should have, and if at any time we have not, then there is a method by which we can gain control, and in the realm of the mind become thorough masters. In order to get to the very foundation of the matter, let us look to this for a moment. For if thought is always parent to our acts, habits, character, life, then it is first necessary that we know fully how to control our thoughts.

Here let us refer to that law of the mind which is the same as is the law in Connection with the reflex nerve system of the body, the law which says that whenever one does a certain thing in a certain way it is easier to do the same thing in the same way the next time, and still easier the next, and the next, and the next, until in time it comes to pass that no effort is required, or no effort worth speaking of; but on the opposite would require the effort. The mind carries with it the power that perpetuates its own type of thought, the same as the body carries with it through the reflex nerve system the power which perpetuates and makes continually easier its own particular acts. Thus a simple effort to control one's thoughts, a simple setting about it, even if at first failure is the result, and even if for a time failure seems to be about the only result, will in time, sooner or later, bring him to the point of easy, full, and complete control.

Each one, then, can grow the power of determining, controlling his thought, the power of determining what types of thought he shall and what types he shall not entertain. For let us never part in mind with this fact, that every earnest effort along any line makes the end aimed at just a little easier for each succeeding effort, even if, as has been said, apparent failure is the result of the earlier efforts. This is a case where even failure is success, for the failure is not in the effort, and every earnest effort adds an increment of power that will eventually accomplish the end aimed at. We can, then, gain the full and complete power of determining what character, what type of thoughts we entertain.

Shall we now give attention to some two or three concrete cases? Here is a man, the cashier of a large mercantile establishment, or cashier of a bank. In his morning paper he reads of a man who has become suddenly rich, has made a fortune of half a million or a million dollars in a few hours through speculation on the stock market. Perhaps he has seen an account of another man who has done practically the same thing lately. He is not quite wise enough, however, to comprehend the fact that when he reads of one or two cases of this kind he could find, were he to look into the matter carefully, one or two hundred cases of men who have lost all they had in the same way. He thinks, however, that he will be one of the fortunate ones. He does not fully realize that there are no short cuts to wealth honestly made. He takes a part of his savings, and as is true in practically all cases of this kind, he loses all that he has put in, Thinking now that he sees why he lost, and that had he more money he would be able to get back what he has lost, and perhaps make a handsome sum in addition, and make it quickly, the thought comes to him to use some of the funds he has charge of. In nine cases out of ten, if not ten cases in every ten, the results that inevitably follow this are known sufficiently well to make it unnecessary to follow him farther.

The Might of Character Building

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