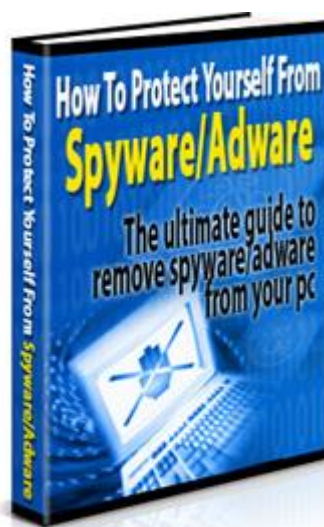


How To Protect Yourself From Adware And Spyware



**The Ultimate Guide To
Removing And Protecting
Against Adware And
Spyware On Your PC**

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Introduction

What is spyware? What is adware? You've probably heard of them because everyone that gets online is either bombarded with information about the products that can help to protect against these two things or get so much spam that they've had to remove it from their system.

Spyware and adware are two separate things but can be lumped together for one reason. That is that they are merciless in what they can do to your computer and to you.

- They risk your sanity with pop up ads.
- They risk your computer too, as too many pieces of adware or spyware on your computer and it will no longer work well.
- And, they will risk your personal identity, too.

Yet, there is much you can do for protection from these problems. The solution is twofold. You must get rid of any type of spyware or adware that is lurking in your computer right now. Then, you need to protect yourself from it entering into your system again.

The information and solutions you need, are within this e-book.

How to Protect Yourself from Spyware and Adware

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