



Christmas Cooking Feast



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Introduction

Cooking at Christmas time either brings joyful thoughts or thoughts of dread.

Maybe it's a combination. We all love the food at Christmas and the smells wafting through the house.

But, it also puts a lot of pressure on whoever is the main cook of the house.

Most of the issues with cooking at Christmas can be solved by making things simple.

The truth is, we tend to complicate food production for the holidays, making too much food, too many different types of food, and not involving the family to help cut down on the host having to do all the cooking.

Chapter – 1 Intermixing the Old and the New Ones

Every family has its traditions, and it's always good to keep and pass these on. But, it's also fun to add in something new. If you find out that no one in the family likes something, just stop doing it. Even if it was tradition, there is no point in continuing.

There are many traditional foods that you can serve at Christmas, but there are also some foods that you can add to make the celebration newer.

Let's look at some traditional foods and how to incorporate something new.

- **Potato Salad** – This is a common dish served at Christmas celebrations all over the world.

There are many ways to make it.

If you've always made it one way, why not try a new way. For example, if you make mayonnaise-rich potato salad, you might want to try one that doesn't have mayonnaise just to shake it up a little.

- **Turkey** – It might seem odd to you but not everyone eats turkey at Christmas. Many people today are now enjoying plant-based diets so they want something else.

Others are just tired of the same old thing each year. Why not have a pizza party, or try some traditional dishes from around the world - like Chiles en Nogada, which is enjoyed during the holidays in Mexico, as your main dish.

- **Feast of the Seven Fishes** – This is an Italian tradition.

You can change the theme of your holiday depending on what you normally do and still be fully traditional, while also trying something new.

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