

Dealing With Loneliness

“An Open Invitation To Life, Love and True Companionship”

LEGAL NOTICE

The Publisher has strived to be as accurate and complete as possible in the creation of this report, notwithstanding the fact that he does not warrant or represent at any time that the contents within are accurate due to the rapidly changing nature of the Internet.

While all attempts have been made to verify information provided in this publication, the Publisher assumes no responsibility for errors, omissions, or contrary interpretation of the subject matter herein. Any perceived slights of specific persons, peoples, or organizations are unintentional.

In practical advice books, like anything else in life, there are no guarantees of income made. Readers are cautioned to rely on their own judgment about their individual circumstances to act accordingly.

This book is not intended for use as a source of legal, business, accounting or financial advice. All readers are advised to seek services of competent professionals in legal, business, accounting, and finance field.

You are encouraged to print this book for easy reading.

TABLE OF CONTENTS

Why I Wrote This Book	5
All Alone!	6
Crowded Yet Isolated	8
Emotional Pain In A Loveless World	9
Love – The Verb, Not The Feeling	10
Learning How To Love	11
The Laws Of Attraction	13
Practical Steps For Dealing With Loneliness	15
Breaking The Destructive Cycle	17
Finding Our Purpose In The Wilderness	19
Life Still Has Meaning	20

Dealing With Loneliness

**“An Open Invitation to Life, Love and True
Companionship”**

Why I Wrote This Book

Welcome, my dear readers!

If you are feeling lonely as you are reading this, you are not alone. The reason why I put this book together is because I know what it is like. Loneliness is a topic that is very close to my heart because I have been through the depths of empty, meaningless feelings many times and I am not new to that kind of feeling.

I have felt every gripping moment of it. The long, long hours which seems like days, the lonely nights where I weep in silence, drenching my pillow salty with tears, the lack of desire to face the next day and the thought of wanting to *end it all!*

It doesn't matter if you have a girlfriend/boyfriend, husband or wife. No matter how close you are with them, there are parts of you that they just don't understand! The pain doesn't fade after confiding with your best friend, your group of buddies, or even your counselor! Nobody seems to understand you yet you want them to feel your pain.

I empathize with you, my friend. I truly do.

But I have good news for all of us lonely hearts out there. I have survived through and I have a way to solve it if not ease the pain at least.

My stories and writings in this book aim to accomplish a few things:

- Understanding the theory behind loneliness to better understand yourself
- Understanding the feelings associated with loneliness
- Developing a healthy feeling of love to help you overcome problems
- Practical steps to break the lonely cycle
- Replace the feeling of loneliness with healthy thoughts

It is my sincere wish that after you read this book, you will be better equipped to cope with loneliness. Even if you don't feel lonely, maybe you know someone who is. Use this information to help them and make their world a better place.

Dealing With Loneliness

You have just read the first pages of this ebook.

The full product includes the complete PDF, the editable source file, cover graphics and a private label rights licence. Edit it, put your name on it and sell it as your own.

Get it for £1.34

<https://plrshop.shop/love/64-dealing-with-loneliness.html>